

TESS MUNRO PEDREROS

Circus Artist

Aerial Teacher



Tess is an artist who creates intimate and innovative performances in the air. Raised in Aotearoa (New Zealand), and schooled by the world, she has collaborated, created and coached in almost every continent. She loves the community she finds in creative danglers everywhere and is passionate about developing aerial arts practice.

From cabaret to contemporary, Tess has developed shows with several North American aerial dance and theatre companies, and performed in some of Europe's biggest big tops. She has been honoured to receive several scholarships and residencies internationally, including the Emerging Aerial Choreographer award to the Frequent Flyers Aerial Dance Festival. In recent years she has developed a methodology for improvisation and has begun shared this practice with students from New Zealand all the way to the European Aerial Dance Festival.

She approaches aerial with curiosity and creativity and invites students to do the same. She helps artists discover authentic and unique ways of moving in the air, through exploration, expression and excitement.

Lyra Labryinth

Wrap, weave and wind your way around the Lyra in a workshop full of twisting, tricky transitions. We will have fun deconstructing perplexing pathways and discovering new entrances and exits to classic moves.

Focusing on the “in-between” spaces, we will seek to enrich the moments between tricks as much as the big shapes we know and love.

The class will incorporate spinning technique and investigate how to use the spin to inform our movement. Perfect for people who want to stitch together their own fluid sequences on the hoop.

Prerequisites- Comfortable on Lyra and confident being in the air for at least two minutes.



Testimonials...

"I had the pleasure of learning from Tess, and I couldn't recommend her more highly! She's not only incredibly knowledgeable but also deeply caring, friendly, and approachable. Tess has a natural ability to make complex concepts feel easy to understand, and her patience makes it a safe space to learn. She takes the time to ensure you're grasping the material, and her explanations are always clear and thorough. Thanks Tess, it's been awesome learning from you!"

-Emma Everson

"Tess introduced me to trapeze, and I've never looked back! She inspires creativity and fosters a safe, supportive learning environment. Tess expertly tailors challenges whilst always ensuring I feel confident and capable."

-Puja Ramkumar

"Her passion for aerials is so contagious and inspiring, I immensely enjoyed her classes and developed a love for aerials myself. She does such an amazing job at creating a fun and safe space to be creative and active, yet also is able to challenge and push her students to do things they didn't realise they were capable of. I am so thankful for all the times I got to learn from Tess, she continues to be a role model for me and I look forward to anytime I get to train with her!"

-Emma Stevenson

"Tess is an incredible teacher who creates fun, interactive, and inclusive classes that are a joy to attend. Her enthusiasm and engaging teaching methods ensure everyone feels welcome and supported, regardless of their skill level. Tess has a unique ability to make you leave her class feeling happier, more confident, and inspired. She fosters a safe and encouraging environment where you can trust her completely to guide you through your aerial journey."

-Cassandra Rippon

"Tess is a fun and experienced aerial teacher who breaks down complex sequences into bite-size chunks. Her creative style and vast aerial knowledge means her students are always learning unique sequences or interesting new transitions to add to their tool box!"

-Annabelle White

"Not only is she a beautiful performer but she strives to give her students the opportunity to be as incredible as her... Tess always creates an uplifting and comfortable environment in her classes and gives all students equal care and opportunity to succeed. She tailors all classes to fit each level and student with the perfect amount of challenges and success."

-Paige Norrie

"Tess is one of the best aerial instructors I've had the pleasure of doing classes with she is patient, positive and personable... Tess really takes the time to feel out what will work best for each student. I always felt safe in her classes, pushed enough to keep myself advancing, but not so much that I felt I was out of my depth. I cannot recommend Tess highly enough - I miss her classes so much and can't wait for her to come teach some classes in Sydney!!"

-Melissa Macmillan

